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# Crossword Puzzles Brain Game Adult Good Time Crosswords Family Favorite Crossword Puzzles Hours Of Brain Boosting Entertainment For Adults And Kids By Keytom D Altenai

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## ***4 surprising benefits of crossword puzzles for older adults***

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May 22nd, 2020 - an editorial in the new york times published on november 17 1924 called crossword puzzles a primitive sort of mental exercise and a sinful waste of time the craze of word puzzles spread after publishing firm of simon amp schuster launched its career in 1924 with a book of puzzles'

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May 21st, 2020 - for most people crossword puzzles are simply a fun hobby that pairs perfectly with a cup of coffee and a lazy sunday morning but there might be something more to these newspaper staples a growing body of evidence suggests crossword puzzles may actually benefit your brain message and data rates may apply text stop to opt out and help for help'

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May 21st, 2020 - benefits of crossword puzzles crossword puzzles help to widen your vocabulary significantly as clues are often synonyms or words with similar meanings this means you learn new ways to express yourself it is worth noting that the crossword puzzle is a much loved game among native english speakers for this reason some crossword puzzles are"crossword puzzle image trailer official

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'crossword puzzles american english

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'the best brain games for seniors

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'12 fun games for adults that improve brain health

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'regular crosswords and number puzzles linked to sharper

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'10 free mind training brain games for adults online source

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